

## REFLECTIONS ON LIVING SIMPLY

"Creative Simplicity involves developing our own tastes, rather than letting them be formed by advertising and other social pressures which stunt imagination and discourage self-expression. Simple living is a rediscovery of our creative and imaginative energies."

*The Simple Living Collective, 1974*  
*Whitmire, Catherine. 2001. Plain Living: A Quaker Path to Simplicity*  
*(Notre Dame, IN: Sorin Books) 24.*

"Simplicity is not so much about what we own, but about what owns us. If we need lots of possessions to maintain our self-esteem and create our self-image and to look good to our neighbours, then we have forgotten or neglected that which is real and inward. If our time, money, and energy are consumed in selecting, acquiring, maintaining, cleaning, moving, improving, replacing, dusting, storing, using, showing off, and talking about our possessions, then there is little time, money, and energy left for our other pursuits such as the work we do to further the Community of God."

*Christin Hadley Snyder, 1991*  
*Whitmire, Catherine. 2001. Plain Living: A Quaker Path to Simplicity*  
*(Notre Dame, IN: Sorin Books) 24.*