

# 25-HR SAMPLE SCHEDULE

## *Refugees and Forced Migration theme*

### DAY 1

12:00 pm	Participants begin to fast
3:30 pm	Participants arrive at gathering place
3:45 pm	Welcome from Lead Organizer/Organizing Committee
4:00 pm	Icebreaker, 15 min // <b><u>Shoe Pile Mingle</u></b>
4:15 pm	Reflection, Prayer & Opening Liturgy, 30 min // <b><u>Forced Migration and the Culture of Encounter</u></b> // <b><u>To Reach Across Borders</u></b>
4:45 pm	Juice Break
5:00 pm	Activity, 60 min // <b><u>Journey of Bottled Water</u></b>
6:00 pm	Short video & Prayer, 15 min // <b><u>Animated video on forced migration</u></b> // <b><u>A Prayer for Refugees</u></b>
6:15 pm	Juice Break
6:30 pm	Activity, 60 min // <b><u>On the Move refugee simulation</u></b>
7:30 pm	Film screening, 140 min // Human Flow
10:00 pm	Brush teeth and get ready for bed // <b><u>Journaling</u></b> time
11:00 pm	Lights out

### DAY 2

7:45 am	Get dressed & ready for the day // Juice Break
8:15 am	Activity, 60 min // <b><u>Three Encounters</u></b>
9:15 am	Reflection, 15 min // <b><u>Just Like Me visualisation</u></b>
9:30 am	Energizer, 15 min // <b><u>Rainmaker</u></b>
9:45 am	Short video & discussion, 15 min // <b><u>Day in the Life</u></b> (Shominara)
10:00 am	Juice Break
10:15 am	Activity, 60 min // Plan your <b><u>Share the Journey walk</u></b> and make banners!
11:15 am	Initial clean-up // Reflection, Prayer & Closing Liturgy
12:00 pm	Solidarity Meal // Feedback forms and clean-up

Looking for videos to show your group?  
See our documentary suggestions on the last page!

# 25-HR SAMPLE SCHEDULE (with Saturday mass)

## Refugees and Forced Migration theme

### DAY 1

5:00 pm	Participants begin to fast and arrive at gathering place
5:15 pm	Welcome from the Lead Organizer/Organizing Committee
5:30 pm	Icebreaker, 15 min // <b><u>Shoe Pile Mingle</u></b>
5:45 pm	Reflection, Prayer & Opening Liturgy, 30 min // <b><u>Forced Migration and the Culture of Encounter</u></b>
6:15 pm	Juice Break
6:30 pm	Activity, 60 min // <b><u>Journey of Bottled Water</u></b>
7:30 pm	Juice Break, 15 min
7:45 pm	Short video & Prayer, 15 min // <b><u>Animated video on forced migration</u></b> // <b><u>To Reach Across Borders</u></b>
8:00 pm	Film screening, 60-120 min // see our suggestions on page 2
10:00 pm	Brush teeth and get ready for bed // <b><u>Journaling</u></b> time
11:00 pm	Lights out

### DAY 2

7:45 am	Get dressed & ready for the day // Juice Break
8:30 am	Prayer, 15 min // <b><u>A Prayer for Refugees</u></b>
8:45 am	Activity, 60 min // <b><u>On the Move refugee simulation</u></b>
9:45 am	Juice Break
10:00 am	Activity, 60 min // <b><u>Three Encounters</u></b>
11:00 am	Reflection, 15 min // <b><u>Just Like Me visualisation</u></b>
11:15 am	Juice Break
11:30 am	Energizer, 15 min // <b><u>Rainmaker</u></b>
12:00 pm	Short video & discussion, 15 min // <b><u>Day in the Life</u></b> (Shominara)

<b>12:15 pm</b>	Share the Journey & the Culture of Encounter, 75 mins* // Use our <b><u>print resources and campaign videos</u></b> to deepen your group's understanding of Pope Francis' call for global solidarity or <b><u>invite a guest speaker</u></b> from Development and Peace!
<b>1:30 pm</b>	Juice Break
<b>1:45 pm</b>	Action Starter, 30 min // <b><u>Activism Dodgeball</u></b>
<b>2:15 pm</b>	Film screening & discussion, 30 min // Welcome to Canada (20 min, dir. Adam Loftin)
<b>2:45 pm</b>	Activity, 45 min // Plan your <b><u>Share the Journey walk</u></b> and make banners!
<b>3:30 pm</b>	Reflection, Prayer & Closing Liturgy
<b>4:00 pm</b>	Initial clean up and preparation for Mass // Set up table to gather action card signatures
<b>5:00 pm</b>	Mass
<b>6:00 pm</b>	Solidarity Meal // Feedback forms and clean-up

\*Our **Cookie Mining activity** is another great tool for deepening participants' understanding of the many causes of forced migration – consider pairing it with our **short Nigeria video** that shows the devastation caused by multinational oil extraction.

# 12-HR SAMPLE SCHEDULE

## Refugees and Forced Migration theme

### SCHOOL DAY

6:45 am	Participants begin to fast
7:00 am	Participants arrive at gathering place
7:15 am	Welcome from Lead Organizer/Organizing Committee
7:30 am	Reflection, Prayer & Opening Liturgy, 30 min // <b><u>Forced Migration and the Culture of Encounter</u></b> // <b><u>Just Like Me visualisation</u></b>
8:00 am	Icebreaker, 15 min // <b><u>Shoe Pile Mingle</u></b>

### Morning announcements & morning classes

<b>Lunchtime</b>	Activity or Film screening, 60 min // <b><u>Three Encounters</u></b>
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### Afternoon classes

3:30pm	Participants arrive at gathering place
3:45 pm	Short videos & discussion, 30 min // <b><u>Animated video</u></b> on forced migration & <b><u>Day in the Life</u></b> (Shominara)
4:15 pm	Juice Break
4:30 pm	Activity, 60 min // <b><u>On the Move refugee simulation</u></b>
5:30 pm	Activity, 60 min // Plan your <b><u>Share the Journey walk</u></b> and make banners!
6:30 pm	Reflection, Prayer & Closing Liturgy, 15 min // <b><u>To Reach Across Borders</u></b>
6:45 pm	Solidarity Meal // Feedback forms

### VIDEO & DOCUMENTARY FILM SUGGESTIONS

- ▷ *Human Flow* (140 min, dir. Ai Weiwei)
- ▷ *The Crossing* (55 min, dir. George Kurian)
- ▷ **Various films** on the refugee experience (National Film Board of Canada)
- ▷ **Welcome to Canada** (20 min, dir. Adam Loftin)
- ▷ **Share the Journey**, various (Development and Peace)